



**How prepared is your team?  
Is it newly formed for inter-league,  
state, national or international competition?**

**Fitness/Conditioning** ☒

**Skills** ☒

**Attitudes** ☐

**Relationships** ☐

**Culture** ☐



Journey programs are unique and are designed specifically for sports teams.

After establishing a 'special' and safe environment, a whole series of initiatives are tackled, some together and some alone. Some focus on going within - the self, some on between team mates and some (often unplanned by the Journey team) are above - **what we all know as culture.**

An overnight program will create or forever change the culture of your whole team or it will consolidate an already positive culture!

Remember - to bring about change you must DO! A Journey program IS taking that action. **The one percenters will come often, the whole will be greater than the sum of the parts and the team WILL be more successful.** Improved team coachability and leadership assessment is a natural by-product.

**Centrepiece processes:**

- Your Team Strategy & Management
- Competition & Contribution
- My Strengths - Our Strengths
- I Can Speak For You



**Call today to  
check availability  
and book your  
team's space!**

**Call us or visit our website to learn  
more about Journey**

**[www.journeyorgdev.com](http://www.journeyorgdev.com)**

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**"Journey programs may not always change people,  
but they will ALWAYS change the way people work together."**

# WBA Within, Between & Above The sports team program

Why well sequenced experiential programs like this make a difference!

I hear and I forget  
I see and I remember  
I do and I understand

Goethe

## Melbourne Vixens:

"When we started putting together our preparation plan towards the end of the 2011 season, we were very clear in our mindset of what this group required from a preparation perspective both on and off the court to take their performance to the next level. In most cases, it was the non-physical components that was going to influence our progression. Your ability to engage with us and allow for the diversity within our program to evolve has been very much appreciated, and I am supremely confident that when we take the court Sunday week, the lessons learned from the last 13 months will be putting ourselves in an outstanding position to achieve our goal for the season of winning the ANZ Championship."

Michael Crooks

(On behalf of the players, coaches and support staff of the Melbourne Vixens)



Fully rebuilt in 2011. Architect designed Leadership Centre incorporating accommodation and dining room with integrated sky chairs, advanced AV and indoor/outdoor coonaras.

Retreat with lounge, kitchenette, indoor/outdoor coonara.

Cabin, under one roof, Tipi and tent accommodation options, full challenge ropes course.

Very cool 'group spaces' to get the most from programs in all weather.

## Relationships are a key determinant of team success!



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# JOURNEY

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